

# PANTRY STAPLES

## checklist

### COOKING + BAKING ESSENTIALS

APPLE CIDER VINEGAR  
BAKING SODA  
BAKING POWDER  
BROWN SUGAR  
BROWNIE MIXES  
CAKE MIXES  
CHOCOLATE CHIPS  
COCOA POWDER (UNSWEETENED)  
CREAM OF TARTAR  
EVAPORATED MILK  
FLOUR: ALL-PURPOSE + BREAD  
HONEY  
OATS: OLD-FASHIONED + QUICK  
POWDERED SUGAR  
SUGAR: GRANULATED + POWDERED  
SOY SAUCE  
SYRUP  
SWEETENED CONDENSED MILK  
VANILLA  
VEGETABLE OIL  
WHITE VINEGAR

### DRY GOODS

APPLESAUCE  
BREADCRUMBS  
BREAKFAST CEREAL  
COOKIES  
CRACKERS, PRETZELS + CHIPS  
DRIED FRUIT  
GRAINS  
MARSHMALLOWS  
NUTS  
OATS: OLD-FASHIONED ROLLED + QUICK  
OATS  
PANCAKE MIX  
PASTA  
PEANUT BUTTER  
POPCORN  
RICE  
TORTILLAS

### FRESH FOOD FOR THE FRIDGE

BUTTER  
CHEESE  
CREAM CHEESE  
EGGS  
FRUIT  
GARLIC (MINCED)  
GREENS  
MILK  
VEGGIES  
YOGURT

### CANNED GOODS

BROTH OR STOCK  
BEANS  
CANNED CHICKEN  
CHILES  
FRUIT  
OLIVES  
SALSA  
SOUPS  
TOMATOES: SAUCE, PASTA, CRUSHED  
ROTEL  
TUNA  
VEGETABLES

### SEASONINGS

BASIL  
BROWN GRAVY MIX  
CHILI POWDER  
CINNAMON  
CRUSHED RED PEPPER  
CUMIN  
GARLIC SALT  
GROUND CLOVES  
GROUND GINGER  
ITALIAN SEASONING  
OREGANO  
PAPRIKA  
RANCH DRESSING MIX  
SALT & PEPPER  
SESAME SEEDS  
TACO SEASONING

### CONDIMENTS

BBQ SAUCE  
DRESSING  
JELLY + JAM  
KETCHUP  
MAYONNAISE  
MUSTARD  
PICKLES

### FREEZER

BACON  
BREADS  
CHICKEN  
DOUGH: PIZZA, PIE OR PUFF PASTRY  
FRUIT  
GROUND BEEF  
GROUND TURKEY  
SAUSAGE  
HOT DOGS  
VANILLA ICE CREAM  
VEGETABLES